

Denise Sabala Dance Studios

2023-24
Revised 4/6

Pre-Jazz/Ballet = Beginner/6-8
Level 1 = Beginner/7-11
Level 2 = Intermediate/9-12
Level 2.5=Intermediate/Advanced 9-14 (Instructor Approval)
Level 3 = Advanced Intermediate/10-14
Level 4 = Advanced/14-18
These levels are recommendations only. Final placement is made by our instructors.

SA-Shannon Alvis, GB-Gena Brady, SF-Sandy Ferrigno, BH-Brian Hare,
CH-Claire Hutchins, TK-Tiffany Krause, TL-Tatum Lang AL-Amanda Langlie,
CN-Ciera Nolan, TR-Tess Renaud, DS-Denise Sabala, VU-Vanessa Urban,
SV-Sasha Vargas

Monday			3:30-4:30	Combo 3-4 (SF)		
	4:30-5:15	Pointe (SA)	4:30-5:30	Combo 5-7 (SF)		
	5:15-6:30	Ballet 2.5 12+ (SA) By Instructor Approval	5:30-6:30	Combo 5-7 (SF)	5:30-6:30	Turns/Jumps 3 (SV)
	6:30-8:00	Ballet 3 (SA)	6:30-7:30	Ballet 1 (DS)	6:50-7:50	Jazz 4 (SV)
	8:00-9:30	Ballet 4 (SA)			8:00-9:00	Jazz 3 (SV)
Tuesday	4:15-5:15	Contemporary 2 (TR)	4:15-5:15	Hip Hop 1 (VU)	4:00-5:00	Combo 3-4 (SF)
	5:15-6:15	Contemporary 1 (TR)	5:15-6:15	Hip Hop 2 (VU)	5:00-6:00	Combo 5-7 (SF)
	6:15-7:15	Contemporary 3 (TR)	6:15-7:15	Hip Hop 2.5 (VU) By Instructor Approval	6:15-7:00	Mini Company (CN)
	7:15-8:30	Contemporary 4 (TR)	7:30-8:30	Hip Hop 3 (VU)	7:00-8:00	Jazz 1 (CN)
			8:30-9:30	Hip Hop 4 (VU)	8:00-9:00	Jazz 2.5 12+ (CN) By Instructor Approval
Wednesday	4:30-5:15	Pre-Ballet (CN)			4:15-5:15	Contemporary 2 (BH)
	5:15-6:15	Contemporary 2.5 12+ (BH) By Instructor Approval	4:30-5:30	Combo 5-7 (SF)	5:15-6:15	Jazz 2 (CN)
	6:15-7:15	Contemporary 3 (BH)	5:30-6:15	Pre-Jazz (CH)	6:15-7:15	Ballet 2 (CN)
	7:15-8:15	Turns/Jumps 3 (CN)	6:15-7:15	Jazz 2.5 12+ (CH) By Instructor Approval	7:15-8:15	Turns/Jumps 4 (BH)
			7:15-8:15	Turns/Jumps 2.5 12+ (CH) By Instructor Approval	8:15-9:30	Contemporary 4 (BH)
Thursday	4:15-5:15	Ballet 2 (TL)	4:30-5:30	Jazz 1 (BH)	4:15-5:15	Turns/Jumps 2.5 12+ (TK) By Instructor Approval
	5:15-6:30	Ballet 2.5 12+ (TL) By Instructor Approval	5:30-6:15	Turns/Jumps 1 (BH)	5:15-6:15	Turns/Jumps 2 (TK)
	6:30-7:30	Jazz 3 (TK)	6:30-7:30	Contemporary 2.5 12+ (BH) By Instructor Approval	6:30-7:45	Ballet 4 (TL)
	7:45-8:45	Jazz 4 (TK)	7:30-8:30	Adult Jazz (BH)	7:45-9:00	Ballet 3 (TL)
	8:45-9:45	Turns/Jumps 4 (TK)				
Friday	4:15-5:15	Jazz Under 12 (SV)			4:00-6:00	Skyline Stars (Skyline Studios)
	5:15-6:15	Lyrical Under 12 (SV)				
Saturday	9:00-10:00	Ballet 1 (GB)	9:00-10:00	Combo 3-4 (AL)	9:00-10:00	Skyline Juniors (Skyline Studios)
	10:00-11:00	Jazz 1 (GB)			10:15-12:15	Skyline Stars (Skyline Studios)
	11:15-12:45	Lollipop Lyra (GB)				

Schedule subject to change