

Denise Sabala Dance Studios

(DSDS) has been in the Lake Zurich area for over 38 years. Previous locations include Mount Prospect, Arlington Heights, and Orland Park, IL. The studio offers a staff with highly qualified backgrounds and degrees in all styles of dance. DSDS is also home to the award winning dance team, Denise Sabala Dance Company (DSDC) which performs and participates annually in the McDonalds Thanksgiving Day Parade broadcasted on WGN/Channel 9. Denise Sabala Dance Company's "Undone" (choreography by Rebecca McLindon) were awarded the title of National Champions at the 2016 LA Dance Magic Nationals competition in Los Angeles California.

Our mission is to develop a well rounded dancer who is prepared in every aspect of dance and life. *Students who have graduated from DSDS have gone on to have careers in dance, theater, movies, and television.*

Our Founder/Executive Director

Denise Sabala Denise Sabala continues to teach all styles of dance including her passion of Jazz and Musical Theater. Musicals choreographed and directed include,—Sound of Music, Once Upon a Mattress, Grease, School House Rock, The Wedding Singer, Thoroughly Modern Millie, The Wizard of Oz, Pinocchio, High School Musical, Urinetown The Musical, and The Drowsy Chaperone.

Our Staff Meredith Bell, Lauren Blane, Jamie Farrell, Sandy Ferrigno, Brian Hare, Rebecca McLindon-Blanchard, Devon Perri, JC Renzetti, Shauna Shrewsbury, Sasha Vargas, Avnun Yakubov, Mark Yonally

Please visit our studio website for Faculty Biographies

Guest Artists & Choreographers: Stacy Bills, Christian Denice, Brandon DiCrisio, Sarah Ford, Monique Haley, Kevin Iega Jeff, Mollie Mock Kaufman, Jill Johnson, Liz Luse, Nikki Loud, Lizzie MacKenzie, Marc Macaranas, Melissa Peterson, Victor Ramirez, Michel Rodriguez, Ricky Ruiz, Jamie Salas, Laura Taylor, Tokyo, Ellen Werksman

Studio Managers ~ Karen Casey, **Assistants** ~ Nickie Silk & Kathie Winkelmann

DSDC Team Manager ~ Trisha Hutchins

Types of classes we offer:

- ◇ One hour combination classes in Tap/Ballet/Tumbling (ages 3 & 4)
- ◇ One hour combination classes in Tap/Pre-Ballet/Jazz (ages 5-8), & Hip Hop
- ◇ Specialized classes in Ballet, Point, Tap, Jazz, Lyrical, Modern, Contemporary, & Hip Hop (All Levels), Street Jazz.
- ◇ Musical Theater & Tumbling
- ◇ Denise Sabala Dance Company ~ (DSDC) Competitive Dance Teams
- ◇ Denise Sabala Dance Ensemble ~ (DSDE) Recreational Performance Group
- ◇ Class for Special Needs Students

Private Lessons available by appointment / Birthday Parties Available ~ Contact Studio Office

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Description of Class Levels and Classes

Level 1 = Beginner/8-11
Level 2 = Intermediate/9-12
Level 3 = Advanced Intermediate/9-12
Level 4 = Pre-Advanced/12-18
Level 5 = Advanced/12-18
Tumbling Levels based on skills

Important Notice: All Students will be placed according to their degree of accomplishment, strength and ability. The correct class is most important for proper advancement of each individual student.

Ultimately it is the teacher's decision where the dancer belongs, class placements can change.

Modern/Contemporary: These Classes incorporate a variety of techniques that focus on correct alignment, fall, recovery, centering and proper articulations through warm-up exercises, center floor work and larger locomotor combinations, and newer philosophies of movement that depart from classical dance techniques..

Ballet/Pointe: Technique class covering barre and center floor work, combinations and routines. **Ballet is the base for all dance disciplines.**

Jazz: Technique class including warm-up stretches, techniques across the floor, combinations and routines.

Lyrical: These classes are based on a strong ballet background. Movements are executed to lyrical music with a strong jazz flare.

Musical Theater (including Jazz technique): These classes are based on Broadway Musical Theater Productions. Technique, style, and routines will be covered. Acting & Theater Production study included.

Hip Hop: Combination of jazz technique and street funk movements. Many of these movements are seen in music videos.

Street Jazz: Can be considered hip hop by most, but it has a certain amount of Jazz technique. Usually dancers who have training in ballet and jazz would understand easier than a dancer who doesn't. Think of it as having a Fred Astaire vibe with Nike's on!

Tap: Tap technique and combinations.

Description of Combination Classes ~ Please use age and experience as a "guideline" or Teacher Recommendation and please pay close attention to the shoe requirements.

Combo 3 & 4 (ages 3-4) Tap/Pre-Ballet/Tumbling A one hour combination class ~ Black patent leather buckle tap shoes and pink ballet shoes required.

Combo 5 & 6 (ages 5-6) Tap/Ballet/Jazz A one hour combination class ~ students should have at least 1-3 years experience. Black U shell matte leather buckle tap shoes, pink ballet shoes, and tan slip on jazz shoes.

Combo 7 & 8 (ages 7-8) Tap/Ballet/Jazz A one hour combination class ~ students should have at least 4-5 years experience. Black U shell matte leather buckle tap shoes, pink ballet shoes, and tan slip on jazz shoes.

Friday Night Dance Party: A 45 minute class catered to special needs students. We will explore our bodies space around us through rhythm, music, socialization and dancing!

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- Class Attire ~** We do not have a specific dress code but the following must be abided by:
- Combo Classes 3-8 years old ~** Any dancewear, any color and any style, just as long as body lines can be seen.
- Levels 1-5 ~** Any dancewear that does not include baggie shorts or baggy pants. Booty shorts and tank tops are acceptable.
- Ballet/Pointe ~** Black leotard and pink tights. Ballet skirts optional and can be any color.

Shoes and tights can be purchased through Denise Sabala Dance Studios. Please request an order form, or one can be downloaded on our studio website.

2016-2017 IMPORTANT INFORMATION & DATES

September 6, 2016	Classes begin!
October 31	Halloween (Make up classes TBA)
November 24-25	Thanksgiving Break (make-up classes TBA) Classes resume Saturday, November 26 2016
December 22-Jan 4	Winter Break~Classes resume Thursday January 5
March 27-April 1	Spring Break—Classes resume Monday April 3
May 29	Memorial Day (no classes) make up dates TBA
June 5, 6, & 7	Dress Rehearsal (classes to be scheduled)
June 8-10	Recitals (scheduled dates to be released in March) June 8-10 (6:30pm Showtime)
June 10	12:30pm Denise Sabala Dance Company Showcase

Recital and DSDC Showcase Performances will take place at The Performing Arts Center at Lake Zurich High School, 300 Church Street in Lake Zurich, IL

Denise Sabala Dance Studios

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www.denisesabaladance.com

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STUDIO RULES, REGULATIONS, and INFORMATION FORM

- ⇒ Tuition is due upon enrollment (see tuition & class rates). Overdue tuition will be treated in the following manner and will be strictly enforced!
- ⇒ Tuition that is 1 week over due will incur a \$25 Late Fee. Tuition accounts that go past a week over due will incur an additional \$5 Late Fee for every week past due.
- ⇒ A \$35 Service Fee will be charged for any **RETURNED CHECKS**.
- ⇒ Any returning students beginning class after November 30th must return to the level of instruction from the previous year to begin. They **may not automatically advance** to the next level. The first three months of instruction are vital for the technical development of each student.
- ⇒ If an enrolled student is absent, there will be **no credit or refund** of tuition. Alternately, students can make up classes at your convenience **any time during the present school year**. Please see your teacher for appropriate make up class times. If a student is absent or has dropped a class, please inform the studio office. Sometimes absences extend into a few weeks and we would like to be informed in the case of non-returning students so that we can open your spot in the class for others on our waiting list.
- ⇒ Please be sure student's names are inside all dance shoes. If you bring anything of value to the studio, please bring it in the classroom with you. **The studio is not responsible for, nor will the studio replace, any stolen or misplaced items!**
- ⇒ Participation in the year-end recital production is **NOT MANDATORY**. If you choose to participate, there will be a charge for our costume which is yours you keep. Additionally, there will be an admission fee for tickets to the recital (performers do not need tickets unless occupying a seat for the majority of the show).
- ⇒ It is studio policy that costumes for the recital will not be distributed until student's tuition accounts for the year have been **PAID IN FULL!**
- ⇒ Students must be signed up and registered no later than November 30th to participate in the recital!
- ⇒ **OBSERVATION DAYS Scheduled Once a Month**—Levels 1-5 classes are conducted in CLOSED CLASSROOMS. There will be an "Observation Week" scheduled the first week of every month. On these specific days, you may come into the classroom or view at the viewing windows. It is at the instructors discretion to allow viewing other than the scheduled "Observation Days".
- ⇒ **"NO DANCE CLOTHES, NO DANCE!"**... Will strictly be enforced! Students will not be allowed to take class in street clothes—NO EXCEPTIONS! Dancewear must be worn to class! (Please see class attire information)
- ⇒ **EVALUATION PROCESS**-At the start of each season, the first few months of class is our evaluation period. This time allows our teaching staff to ensure that students are placed in the proper level according to their individual ability, as well as controlling class sizes. We appreciate your cooperation during this period!
- ⇒ **No refunds, only studio class credits. I understand that once I have paid and registered for class or classes, if for any reason I chose to drop class or classes, a studio credit shall be held indefinitely in my name.**

I have read the STUDIO RULES, REGULATIONS and INFORMATION, including all the information and Evaluation Process and agree to abide by these rules as long as my child/ children, or I continue in classes at Denise Sabala Dance Studios.

Signature (Parent/Guardian): _____ Date: _____

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2016-2017 REGISTRATION Form

REGISTRATION IS AVAILABLE ONLINE AT DENISESABALADANCE.COM

- Studio Rules, Regulations, and Information Form
- Filling out the Class Selection Sheet
- Return this REGISTRATION Form with tuition payment, including Registration Fee

CLASSES ARE LIMITED AND FILL QUICKLY!

The studio WILL NOT CONFIRM YOUR CLASS SELECTIONS UNLESS you have chosen the incorrect level or the class is full.

Student Information- PLEASE PRINT CLEARLY

Student Name: _____ Age: _____ Birthday: _____

Student email: _____ Student Cell: _____

Parent/Guardian Information—PLEASE PRINT CLEARLY Home Phone #: _____

Mother's Name: _____ Cell Phone #: _____
(First & Last)

Mother's email address: _____

Father's Name: _____ Cell Phone #: _____
(First & Last)

Father's email address: _____

Street Address: _____ City: _____ Zip: _____

Emergency Contact Information

Name: _____

Relationship to dancer: _____ Phone: _____

I have read the studio regulations and information and "agree" to abide by these rules as long as my child/children, or I participate in classes at Denise Sabala Dance Studios.

Signature (parent/guardian): _____

Payment Information:

~ Cash ~ Check # _____ ~ Credit Card _____ Security Code: _____

Card Holder Name: _____ CC #: _____ Exp Date: _____

Signature: _____ Amount Charged: _____